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Spooky2



Dear friend,

Spooky2 Summer Healing Month is already in full swing! 🌞 ✨

The first week of our Summer Healing Month has brought incredible enthusiasm from the Spooky2 community, with many users exploring new possibilities, expanding their setups, and taking this opportunity to refresh their frequency journey. 🎉

There's still time to join the celebration. Enjoy **7% OFF** all Spooky2 products with coupon code **HEALING2026** and make this summer your time to recharge.

Unlock Your Summer Offer

Next, welcome to Issue #560 of the Spooky2 Weekly Digest.

Spooky2 Blog Articles 📄

[Exploring Balance & Restoration Through Frequency Technology](#)

Discover how frequency technology can be used as part of a personalized wellness routine. Learn about resonance, balance, and how Spooky2 programs help you explore new possibilities. [Click here to learn more.](#)

[Spooky2 XM Pro Generator: Frequently Asked Questions](#)

New to [XM Pro](#)? Explore answers about features, setup, compatibility, and

[Dementia Prevention Starts Earlier Than You Think: 3 Midlife Risks That Matter](#)

Discover three important midlife factors that may influence long-term brain wellness. Learn why building healthy habits earlier can be an important part of your lifelong wellness journey. [Click here to learn more.](#)

Spooky2 Testimonial 🐾

[Discovering Pet Wellness Programs with Spooky2](#)

My 12-year-old American Eskimo (small dog, 20 pounds) had bloody and pussy looking discharge from his peeper area. Started on a Friday afternoon. Couldn't get into vet, extremely limited after hours in our area. So I put him on the plasma for a urinary tract infection and a bunch of other stuff, including infection. By Sunday night, totally cleared up! Super thankful for frequency healing!



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Rife Healing Frequency Video 🎧

[Rife Frequencies for Facial Toning & Skin Tightening | Natural Sound Therapy](#)

✨ Explore a relaxing frequency-based wellness experience designed for facial toning, skin care routines, and overall beauty wellness. This calming sound session combines Rife frequencies, natural sound therapy, and frequency-based relaxation to create a peaceful environment for self-care and mindfulness.

🎧 Best enjoyed in a quiet environment

🌿 Use during relaxation, meditation, or your personal self-care routine

🧘 Create a peaceful moment to support your beauty and wellness journey

[Click to Listen to the Video](#)

🤔 When to Use Frequency Audio vs. Rife Machine? [Check this blog out!](#)

Spooky2 Q&A 💡

[What frequencies do people use for dry eyes?](#)

Sjögren's Syndrome is most commonly associated with dry eyes, and it is in the software. My dry eyes are a lot less since I do BFB with Pulse. [Click here to learn more.](#)

[Why does the Anti-Aging program automatically pause when running?](#)

The preset is scheduled to run each day between 9:00 am and midday. This is often considered the optimal time to consume supplements. So it is normal for the generator port under the Control tab to turn yellow, indicating that this preset is running for a specific time period. But if you want to run this preset as you wish, you can change the scheduled time under the Settings tab. [Click here to learn more.](#)

Spooky2 Discussions

Spooky2 Rife for Life Facebook Group 

[I'm experiencing soreness and stiffness in the joint at the base of the big toe.](#)

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coil over the area.

Probably try an imprinted sticker with some joint stiffness and pain frequencies on it, along with the other modes already mentioned. [Click here for more discussion.](#)

Training Course

Spooky2 Online Training Course – Understanding and Using Spooky2 Presets and Programs

On Thursday, Aug 13th, we will have a new training course, hosted by Amal Douglas, one of our certified Spooky2 trainers. In this webinar, he will discuss the following points:

- A History of Healing With Frequencies
- The Work of Royal Raymond Rife
- An Introduction to Spooky2
- Programmes and Presets
- The Spooky2 Database
- Choosing an Empty Preset
- Loading and Running a Programme
- Other (non-empty) Presets
- Running Specialised Presets
- Chaining Presets

[Click to Save Your Seat](#)

☀ Thank you for being a valued part of the Spooky2 community! Stay tuned for more updates and exciting content in next week's digest. Take care and happy healing!

The Spooky2 Team



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