

[Subscribe](#)[Past Issues](#)[Translate ▼](#)

Spooky2

Dear friend,

Welcome to Issue #563 of the Spooky2 Weekly Digest.

Spooky2 Blog Articles 📰

[Discover the Hidden Passage Behind Shoulder and Arm Discomfort](#)

The source may not be where you think. Discover the hidden passage near your neck and collarbone that could be behind shoulder discomfort, numbness, or tingling. [Click here to learn more.](#)

[How to Create and Edit Your Own Programs](#)

Ready to make Spooky2 more personal? Learn how to create, edit, and manage your own custom frequency programs with this simple step-by-step guide. [Click here to learn more.](#)

[Constant Throat Clearing, Cough, or Hoarseness? It Could Be Silent Reflux](#)

No heartburn doesn't always mean no reflux. Discover why persistent throat clearing, hoarseness, or a dry cough may be connected to silent reflux—and what everyday habits may help. [Click here to learn more.](#)

Spooky2 Testimonial 🥰

[Millie's Laminitis Journey: From Struggling to Running Again](#)

Millie is a miniature pony with a veterinary diagnosis of laminitis. She had been experiencing problems for approximately two months, with little improvement, despite all appropriate efforts by her owner before I was asked to help her and began documenting her progress.

📅 7 AUGUST — DAY 1

This is where the story begins.

Millie was visibly in pain, uncomfortable on her feet, hobbling and shifting her weight.

Spooky2 scalar was set up overnight, with a **GenX Pro** running the Horse

[Subscribe](#)[Past Issues](#)[Translate ▼](#) 8 AUGUST — DAY 2

Already, there was a difference.

Millie was still uncomfortable, but was shifting less on her feet.

I returned home with my scalar boxes, 45 minutes away, and placed a hoof shaving in the remote of one XM generator and continued running the Horse Laminitis Peptide Preset, while my friend also placed a hoof shaving in a remote for Detox Maintenance an hour away. 🧡👉

 11 AUGUST — DAY 5

Millie had started moving around outside more.

This was another noticeable step forward in her movement and behaviour.

 14 AUGUST — DAY 8

Millie was moving around more easily.

Compared with the first video, the difference was becoming increasingly obvious.

 19 AUGUST — DAY 13

By this point, Millie was moving around much more freely and happily.

She was also being walked much more freely, showing a very noticeable improvement compared with where she had started.

 24 AUGUST — DAY 18 ❤️🐾

And this is the video that made me incredibly happy...

ONE VERY HAPPY MILLIE PONY RUNNING AROUND VERY QUICKLY! 🥰

From hobbling in pain and constantly shifting her weight on 7 August... to running around happily and quickly on 24 August.

This is an individual case record documenting Millie's progress and my observations during this period. Her normal veterinary care, diet and management also continued.

🐾❤️ Go, Millie!

Thank you, Spooky2.

[Subscribe](#)[Past Issues](#)[Translate ▼](#)[View More Stories Here](#)

*Individual experiences may vary. This testimonial does not constitute medical advice or guarantee results.

Rife Healing Frequency Video 🎧

[Rife Frequencies for Calcium Deficiency & Bone Health | Natural Sound Therapy](#)

Calcium is an essential mineral involved in maintaining normal bone structure and many everyday biological functions. In this session, we explore a selection of Rife-inspired frequencies associated with calcium and bone wellness through natural sound therapy.

✨ In this video:

- Frequencies related to calcium support
- Bone wellness & structural balance
- Relaxing frequency-based sound experience
- A simple way to explore the Spooky2 frequency approach

[Click to Listen to the Video](#)

🧐 When to Use Frequency Audio vs. Rife Machine? [Check this blog out!](#)

[Subscribe](#)[Past Issues](#)[Translate ▼](#)

[Can I run a single frequency for days?](#)

When the body becomes excessively sensitive to a specific frequency, it is called frequency fatigue. An exposure to a "normal" dwell time generally doesn't allow time for a huge reaction. Still, an extended exposure can cause an unpleasant sensation or symptom that may be specific to the individual. [Click here to learn more.](#)

[Do I need to do Fine Resolution scans after doing Hunt and Kill?](#)

The 2nd and subsequent scans of Hunt & Kill are fine-resolution scans. You don't need to do anything special, as this already happens. If you don't need fine resolution, you can use Scan & Run instead. [Click here to learn more.](#)

Spooky2 Discussions

Spooky2 Rife for Life Facebook Group 

[Has anyone tried to imprint on the likes of a crystal necklace using the Spooky2?](#)

I personally have one crystal pendant imprinted with the solfeggio frequencies. I also own my own Spooky2 with 7 generators. Been using it for a decade. LOVE LOVE LOVE MY SPOOKY2. [Click here for more discussion.](#)

[Subscribe](#)[Past Issues](#)[Translate ▼](#)

Spooky2 Online Training Course – Improve Sleep Using Spooky2

On Thursday, Sep 03rd, we will have a new training course, hosted by Dr. Siddheshwar Chopra, one of our certified Spooky2 trainers. In this webinar, he will discuss the following points:

- Sleep Architecture & Global Sleep Crisis
- Sleep Disorders: Insomnia, apnea, RLS, narcolepsy & organ impact
- Nervous System Control: ANS balance, vagal tone, HRV & cortisol
- Immune Disruption: Cytokines, microglial activation & sleep loss
- Kynurenine Shunt: How gut dysbiosis & pathogens deplete sleep molecules
- Targeted Programs for insomnia, inflammation & gut support
- Peptide Presets for improving sleep
- Biofeedback Scanning
- 5-Phase Protocol

[Click to Save Your Seat](#)

☀ Thank you for being a valued part of the Spooky2 community! Stay tuned for more updates and exciting content in next week's digest. Take care and happy healing!

The Spooky2 Team



Get Rewarded For Every Purchase



Join The Community



30-day Return



Lifetime Customer Service

Shop now. Pay with Klarna.

Klarna.



Web: www.spooky2-mall.com
www.spooky2.com

[Subscribe](#)[Past Issues](#)[Translate ▼](#)www.spooky2reviews.com

You are receiving this message because you are a valued customer of spooky2-mall.com. If you have any questions, please feel free to contact us.

Our mailing address is:

Spooky2
Room 2003, G-5 Building, Himalaya Business Centre G
Ningnan Street, Yuhuatai District
Nanjing, JiangSu 211106
China

[Add us to your address book](#)

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#)