

Spooky2



Dear friend,

As the seasons change, it's a great time to explore new possibilities and stay connected with your frequency journey. Enjoy our Autumn Sale and discover this week's latest insights, stories, and updates below.

Welcome to Issue #566 of the Spooky2 Weekly Digest.

Spooky2 Blog Articles 📄

[The Glymphatic System: Your Brain's Hidden Cleaner](#)

Discover the glymphatic system, your brain's natural cleaning pathway, and learn how sleep plays a key role in supporting brain health. Explore how this fascinating system helps maintain balance inside the brain and why quality rest matters. [Click here to learn more.](#)

[How to Test Your Spooky2 Remote](#)

Wondering if your Spooky2 system is working properly? This guide walks you through simple hardware checks and testing methods to help you better understand your device and ensure everything is functioning as expected. [Click here to learn more.](#)

[Why Cellular Communication Matters for Whole-Body Wellness](#)

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[Spooky2 Scalar](#) introduces a unique perspective on frequency and energy technology. [Click here to learn more.](#)

Spooky2 Testimonial 🧡

[From Limping to Walking Normally](#)

A couple of days ago, my knee started hurting as though I hurt it somehow, maybe a sprain. I iced it several times, which helped, but the pain always came back. Then I did a BFB with TENS pads placed on either side of my kneecap. I started to run the results remotely with a killing frequency as I had done with previous BFB's. Then I got a hit of intuition. I needed the healing frequencies, not killing! Well, within six hours all the pain was gone, and I could walk without limping. ❤️

[View More Stories Here](#)

*Individual experiences may vary. This testimonial does not constitute medical advice or guarantee results.

Rife Healing Frequency Video 🎧

[Complete Chakra Balance Frequencies | Full Energy Reset & Harmony](#)

Explore frequencies inspired by the 7 chakras: Root, Sacral, Solar Plexus, Heart, Throat, Third Eye, and Crown. This calming frequency experience is ideal for chakra meditation, energy cleansing, chakra balancing, sound healing, meditation music, energy reset, spiritual wellness, and inner harmony.

- 🎧 Listen at a comfortable volume
- 🌿 Headphones are optional
- 🧘 Perfect for meditation and relaxation
- 🔄 Ideal for a complete 7 chakra energy reset

[Click to Listen to the Video](#)

🧐 When to Use Frequency Audio vs. Rife Machine? [Check this blog out!](#)

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Spooky2 Q&A 💡

[What can I do if Contact mode feels too strong?](#)

Low frequencies can be very painful with Contact. You can try the Colloidal Silver port to see if that is bearable. If not, you might try the Contact Carrier Wave shell preset that makes these low frequencies less painful under >Shell (Empty) Presets, >Contact, "Contact Carrier Wave (C) - BY". [Click here to learn more.](#)

[Does a baseline apply to different generators?](#)

Baselines are a software thing, so they are not tied to a particular generator. If you create a baseline on G1, you can use it on G2 as well. [Click here to learn more.](#)

Spooky2 Discussions

Spooky2 Rife for Life Facebook Group 

[Does anyone know of a tooth regeneration frequency? More than just repairing enamel or a cavity?](#)

You might look at the following peptide presets to see if they may help:

Bruised Tooth, Tooth Sprain with Post-traumatic Complications

Cracked Tooth Repair and Biomineralization

Loose Teeth

Periodontitis

Severe Tooth Pain with Diseased, Dead, or Infected Pulp

Tooth Abscess Program

Tooth Regeneration [Click here for more discussion.](#)

Spooky2 Forum 

[How do I chain two Peptides and run them in remote mode?](#)

Overwrite the generator and then look to the right of the 'Stop' button. You should see Preset 1, and to the right will be the Total number of presets. If you have a Total of 2, it means you have 2 presets in your chain. [Click here for more discussion.](#)

Training Course

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On Thursday, Sep 24th, we will have a new training course, hosted by James Galt, one of our certified Spooky2 trainers. In this webinar, he will discuss the following points:

1. FOUNDATIONS:

- What is Frequency Healing?
- Rife History and Today's Renaissance
- What's the Catch?
- Pacing Yourself: Herxheimer and Detoxification
- Legal Considerations

2. SPOOKY2 OVERVIEW:

- Is Spooky2 Expensive/Complicated?
- More than a Rife Machine!
- Finding Information and Getting Help
- PC/Software Setup
- Hardware Overview
- Biofeedback Testing
- Terrain Protocol
- Getting Started: What To Order

[Click to Save Your Seat](#)

A Little Autumn Reminder 🍁

If you've been thinking about exploring Spooky2, this is a great time to start. Enjoy **6% OFF sitewide** with code **FALL2026** before the [Autumn Sale](#) ends.

☀️ Thank you for being a valued part of the Spooky2 community! Stay tuned for more updates and exciting content in next week's digest. Take care and happy healing!

The Spooky2 Team



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